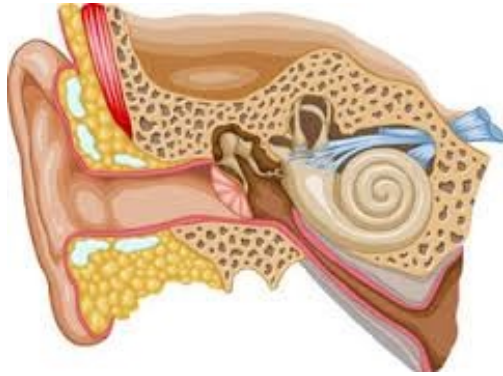


# EAR SURGERY

## DISCHARGE INSTRUCTIONS



Patients may go home the same day or may stay overnight.

They can have light meal (clear fluid) soon after they are a wake then progress to normal diet.

Expect to have:

- Bloody ear discharge for the first post operative days
- Swelling around the wound that could extend anterior to the pinna or under the eyes
- Mild pain which can be controlled by pain killer.
- Might experience some fluid movement sound if gelfoam was applied which will be absorbed with time.

You might need:

- Antibiotics and ear drops (follow the pharmacy instruction)
- Pressure dressing over the head which will be removed on the next day
- Ear wick (External canal packing) which will be removed by your doctor within 2 weeks time.
- Suture removal after 1 week from the surgery if it is not an absorbable suture.

Avoid:

- Water to reach the wound for at least 5 days and in side the ear canal until the physician allow it.
- Depend in your case, it's preferable to avoid airplane travel for 1 month and heavy lifting.

Visiting the emergency room required if patient have:

- Fever higher than 38.5 °C
- Headache, Loss of appetite, Nausea or Vomiting.
- Pain and redness with pus discharge from the ear.
- Facial weakness

### CONTACTS :

Phone: 0114786100

Wards Extension:

Ward 6A 1600

Ward 6B 1630

Ward 5B 1530

ENT Emergency 1112

جامعة  
الملك سعود  
King Saud University

