

MYRINGOTOMY AND VENTILATION TUBE INSERTION

DISCHARGE INSTRUCTIONS



Most of the patients go home as soon as they have recovered sufficiently from Anesthesia.

They can have light meal (clear fluid) soon after they are awake then progress to normal diet.

Expect to have:

- Mild ear pain which can be controlled by pain killer.
- Clear or bloody ear discharge for 2 days.

Ear should be protected during bath taking by cotton wool with petroleum jelly in the canal and during swimming by ear plugs.

No restriction during travel.

The drum hole will heal gradually and pushes the tube in the canal within 6 to 24 months which could fall out without noticing or to be removed by the physician during the clinical visit.

Follow up visits are required till the tube falls out.

Visiting the emergency room required if patient have:

- Fever higher than 38.5 °C
- Headache, Loss of appetite, Nausea or Vomiting.
- Continuous ear pus discharge for more than 1 week with pain.

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