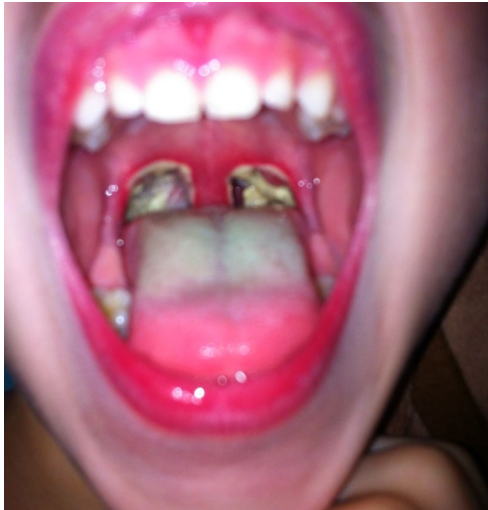


TONSILLECTOMY

DISCHARGE INSTRUCTIONS



Most of the patients go home as soon as they have recovered sufficiently from Anesthesia.

They can have a light meal (clear fluid) soon after they are awake then progress to normal diet.

Expect to have:

- Small amount of bloody nasal discharge
- Mild throat and ear pain which can be controlled by pain killer.
- White yellowish membrane at the site of tonsil bed after 12 hours from the surgery (see the picture) and it will last for 2-3 weeks.

Depending on your case you might receive :

- Antibiotics
- Analgesia to be used on time, 30 min before meals.
- Mouth gargle

Avoid aspirin and ibuprofen as coagulopathy medication that might enhance bleeding.

Visiting the emergency room is required if the patient has:

- Fever higher than 38.5 °C
- Breathing difficulty.
- Headache, Loss of appetite, general weakness, Nausea or Vomiting.
- Severe throat pain not relieved by analgesia.
- Throat bleeding.

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